

CME PROGRAM

12th Annual
**Philadelphia
Orthopaedic
Trauma
Symposium**

Live Interactive Webinar

June 13, 2020



Lewis Katz School of Medicine

A Live Zoom Webinar Event June 13, 2020

Course Co-Chairs: Saqib Rehman MD, MBA • Asif Ilyas, MD • Joseph Thoder, MD

TARGET AUDIENCE

This conference is aimed at practicing orthopaedic surgeons, residents, nurse practitioners, and physician assistants who are involved with management of orthopaedic trauma care.

EDUCATIONAL OBJECTIVES

At the conclusion of the conference, participants should be able to:

1. Summarize the current trends in fracture management
2. Improve their skills in the management of periarticular fractures
3. Recognize the controversies in fracture management

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PROGRAM

Saturday, June 13, 2020

7:00-7:25 am Login to meeting opens

7:25-7:30 Introduction - Dr. Rehman, Dr. Ilyas, and Dr. Thoder

7:30-8:00 **1st Annual William G. DeLong, MD Lecture:**
“Distal femoral replacement for treatment of fractures in the elderly”
Fernando Vilella-Hernandez, MD

8:00-8:30 **Session 1: Medical management of the trauma patient**

Moderator: *Dr. Rehman*

Panel: *Dr. Sjolholm, Dr. Seamon, Dr. Vilella-Hernandez*

Objectives:

- *Manage ortho injuries in the context of multiple trauma*
- *Describe the principles of management of gunshot injuries*
- *Summarize modern resuscitation methods for pelvic fractures*
- *Prescribe appropriate DVT prophylaxis strategies in trauma patients*

8:30-9:00 **Session 2: Challenges with pediatric upper extremity fractures**

Moderator: *Dr. Greenhill*

Panel: *Dr. Herman, Dr. Kozin, Dr. Baldwin*

Objectives:

- *Interpret pediatric radiographs*
- *Evaluate and treat supracondylar fractures*
- *Recognize the signs of neurovascular compromise in a pediatric limb*

9:00-9:30 **Session 3: Elbow fractures – what are my options?**

Moderator: *Dr. Ilyas*

Panel: *Dr. Thoder, Dr. Fuller, Dr. Woozley*

Objectives:

- *Successfully manage radial head fractures*
- *Recognize the indications for various olecranon fracture fixation strategies*
- *Diagnose, approach, and treat “Terrible Triad” injuries*

9:30-9:45 **Break, visit exhibitors**

9:45-10:15 **Guest Lecture:**
“Ortho-Plastic Coverage Strategies for Extremity Soft Tissue Defects”
Raymond Pensy, MD

PROGRAM

10:15-10:35 **Technical tips lab demo - Minimally invasive plate fixation of distal tibia fractures**

Moderator: *Dr. Haydel*

10:35-10:55 **Technical tips lab demo – ORIF distal femur fractures**

Moderator: *Dr. Donegan*

10:55-11:15 **Technical tips lab demo – Novel tension banding techniques**

Moderator: *Dr. Appleton*

11:15-11:30 **Break/Lunch**

11:30-11:45 **Break, visit exhibitors**

11:45-12:15 **Breakout sessions (*UPDATED: sessions have been split and renumbered to accommodate more participants while maintaining small group discussions*)**

Breakout 1: **Proximal humerus fracture cases** - Moderator: *Dr. Kazanjian*

Breakout 2: **Proximal humerus fracture cases** - Moderator: *Dr. Fuller*

Breakout 3: **Tibia and patella fracture cases** - Moderator: *Dr. Harding*

Breakout 4: **Tibia and patella fracture cases** - Moderator: *Dr. Reid*

Breakout 5: **Hand and Wrist fracture cases** - Moderator: *Dr. Pensy*

Breakout 6: **Hand and Wrist fracture cases** - Moderator: *Dr. Woozley*

Breakout 7: **Hip fracture cases** - Moderator: *Dr. Donegan*

Breakout 8: **Hip fracture cases** - Moderator: *Dr. Brady*

12:15-12:45 **Session 4: Foot & Ankle Injuries: Avoiding the Landmines.**

Moderator: *Dr. Donegan*

Panel: *Dr. Lachman, Dr. Ndu, Dr. O'Neil*

Objectives:

- *Describe the timing and patient factors to avoid complications*
- *Select fixation strategies for common foot and ankle injuries*
- *Recognize soft tissue coverage options around the foot and ankle*

12:45-1:15 **Session 5: Geri-bombs: Challenges in the Treatment of Osteoporotic Femur Fractures**

Moderator: *Dr. Haydel*

Panel: *Dr. Harding, Dr. Vilella-Hernandez, Dr. Hardski*

Objectives:

- *Recognize what really matters when 'clearing' a hip fracture patient*
- *Select fixation strategies for osteoporotic femur fractures*
- *Describe the indications, risks, and benefits of osteoporosis medical management*

PROGRAM

- 1:15-1:30** **Break, visit exhibitors**
- 1:30-1:45** **Resident research poster virtual tour**
Moderators: *Dr. Rehman, Dr. Ilyas*
- 1:45-2:15** **Session 6: Perioperative fractures – and is that component loose??**
Moderator: *Dr. Vilella-Hernandez*
Panel: *Dr. Courtney, Dr. Brady, Dr. Haydel*
Objectives:
 - *Decide when a “loose” stem absolutely needs to be revised vs left alone when fixing perioperative femur fractures*
 - *Assess how classification drives management of these injuries*
 - *Select bone grafting strategies and fixation tips for perioperative femur fractures*
- 2:15-2:45** **Session 7: Periarticular tibia fractures – plate, nail, ex fix, or combo?**
Moderator: *Dr. Reid*
Panel: *Dr. Gordon, Dr. Ahmed, Dr. Craig*
Objectives:
 - *Use timing and fixation strategies for proximal tibia fractures*
 - *Recognize when to utilize a staged multi-disciplinary treatment approach*
 - *Describe soft tissue coverage options for wounds about the tibia*
- 2:45-3:15** **Session 8: Humerus fractures – when and if to operate?**
Moderator: *Dr. Kazanjian*
Panel: *Dr. Ilyas, Dr. Fuller, Dr. Graf, Dr. Wagner*
Objectives:
 - *Identify the operative indications for humerus fractures*
 - *Recognize the operative strategies for fractures of the humerus*
 - *Apply timing and fixation strategies for humerus fractures*
 - *Recognize the indications for surgical exploration of radial nerve injury*
- 3:15-3:45** **Guest Lecture:**
“Think Big”
Mohit Bhandari, MD
- 3:45-3:50** **Wrap up** - *Dr. Rehman, Dr. Ilyas, Dr. Thoder*

RESEARCH POSTERS

In alphabetical order by first author. Click on each study title to link to the poster.

View the posters at <https://orthoclips.com/pots2020/research-posters>



[“Modern Drilling and the Impact of Plunge Distance, Biomechanical, and Thermal Properties Using Cadaveric Models.”](#) Colin Ackerman, Anthony Boehm, Keyanoush Sadeghipour, James McLaughlin, Hesham Abdelfattah, Saqib Rehman. Temple University



[“Vascular Injuries in Trauma Patients with Open Lower Extremity Fractures: Are CT Angiograms Necessary for Management?”](#) Sheena Amin, Chris Ferry, Daniel Gloekler, Michael Boniello, John P. Gaughan, Rakesh P. Mashru, Kenneth W. Graf. Cooper University Healthcare and Drexel University



[“Reverse Total Shoulder Arthroplasty Versus Nonoperative Treatment for Geriatric Proximal Humerus Fractures”](#) Sheena Amin, Vineeth Romiyo, Lawrence Miller, Matthew Kleiner, Catherine Fedorka. Cooper University Healthcare



[“Does Early Elbow Motion Improve Postoperative Outcomes after Elbow Fractures?”](#) Sheena Amin, Jigar Gandhi, Daniel DePolo, Rakesh P. Mashru, Rey N. Ramirez, Kenneth W. Graf, David A. Fuller. Cooper University Healthcare and Drexel University



[“Pediatric Floating Elbow Injuries are Not as Problematic as they Were Once Thought to Be: a Systematic Review”](#). Soroush Baghdadi and CORTICES. Children’s Hospital of Philadelphia and Penn Medicine



[“Does Delayed Closure of Both Bone Forearm Fractures Increase Infection Rates?”](#) Kelly Bridgham, Nathan N. O’Hara, Robert . O’Toole, Raymond Pency. University of Maryland



[“The Safety of the Henry Approach for Proximal-Third Radial Shaft Fractures”](#). Kelly Bridgham, Nathan N. O’Hara, Gerard Slobogean, Robert V. O’Toole, Raymond Pency. University of Maryland



[“Intramedullary Rodding in Pediatric Patients: Effects of Anesthesia Type on Narcotic Consumption and Length of Stay”](#). Nancy Campbell, Ethan Remily, Nequesha Mohamed, Wayne Wilkie, Noelle DiGioia, Phillip McClure, John Herzenberg. Philadelphia College of Osteopathic Medicine



[“Cannabis Reduces Opiate Use in Rib Fracture Patients”](#) Monica DiFiori, Laura Carrihill Healy, James M. Feeney. Temple University Hospital



[“Acute Fracture Care at a Tertiary Referral Hospital in Northern Tanzania: Systems Limitations to the Provision of Definitive Treatment in the Developing World”](#). Hardaker WM, Jusabani M, Massawe H, Pallangyo A, Temu R, Masenga G, Fessahaie N, Winterton M, Premkumar A, Sheth NP. Penn Medicine



[“Do all Rigid and Unbalanced Spines Present the Same Risk of Dislocation Following Total Hip Arthroplasty?”](#) Akhil Katakam, Christopher M. Melnic, Hany S. Bedair. Temple University

RESEARCH POSTERS

View the posters at <https://orthoclips.com/pots2020/research-posters>



[“What is the Incidence of In-Hospital Complications and Mortality in Patients with High Cervical Spine Fractures?”](#) Alec S. Kellish, Garret M. Breyer, Abraham A. Hakim, Alisina Shahi, John Gaughan, Vishal Khatri. Cooper Medical School



[“Management of Pediatric Femur Fracture with Use of 90-90 Traction and Delayed Spica Casting: Case Report”](#). Victoria Kim, Rakesh Mashru, Kenneth Graf. Cooper Medical School



[“Risk Factors for Complications Following Operative Fixation of Acetabular and Pelvic Ring Injuries: A Retrospective Analysis at an Urban Level 1 Trauma Center”](#). Joseph Larwa, Jeffrey Henstenburg, Christine Williams, Mitesh Shah, Susan Harding. Drexel University, Thomas Jefferson University Hospital, Hahnemann University Hospital



[“Risk Stratification for the Development of Fat Embolism Syndrome in Patients with Long Bone or Pelvic Fracture”](#) Andrew Lowery, Vineet Naran, Robert Ames, Theresa Pazonis. Temple University Hospital



[“Low Socioeconomic Status Patients are at Increased Risk for the Development of VTE after Spinal Cord Injury”](#). Andrew Lowery, Robert Ames, Theresa Pazonis. Temple University Hospital



[“Open Fractures in Pediatric Orthopaedics – Can Pathways Improve Care?”](#) Christopher Makarewicz, Lia McNeely, Shivani Gohel, Keith Baldwin. Children’s Hospital of Philadelphia and Penn Medicine



[“Complications following Volar Plating of Distal Radius Fractures: a Systematic Review”](#) Richard McEntee, Todd Alter, Asif Ilyas. Jefferson University Hospital



[“Unplanned 30-Day Readmission Rates in Open Tibia Fractures”](#). Nathan Miller, Phillip McKegg, Zachary Hannan, Qasim Ghulam, Tristan B. Weir, Nathan O’Hara, Robert O’Toole, Raymond Pensy. University of Maryland



[“Fracture Characteristics Predict Suboptimal Alignment in Pre School Femur Fractures Treated in a Spica Cast”](#). Amirhossein Misaghi, Mahmoud Mahmoud, Alexandre Arkader, Keith Baldwin. Children’s Hospital of Philadelphia and Penn Medicine



[“Retrograde Intramedullary Screw Fixation for Metacarpal Fractures: A Systematic Review”](#). Genoveffa R. Morway, Taylor J. Rider, Christopher M. Jones. Philadelphia College of Osteopathic Medicine



[“Reliability of the Sterility of Surgical Instruments in the Operating Room: Do we have a Problem?”](#) Camille Murr, Alexander Johnson, Jeffrey Wera, Frederick Ramsey, Peter Axelrod, Leslie Barnes. Temple University Hospital

RESEARCH POSTERS

View the posters at <https://orthoclips.com/pots2020/research-posters>



[“Hardware Removal due to Infection after Open Reduction and Internal Fixation: Trends and Predictors.”](#) Alisina Shahi, Kudret Usmani, Michael Boniello, Alec Kellish, Ali Oliashirazi, Kenneth Graf, Henry Dolch, Rakesh Mashru. Cooper University Hospital



[“The Vacuum Phenomenon: A Case Report in the Elbow”](#). Tyler J Smith, Anthony Judice, Salvador Forte, Michael Boniello, Matthew Kleiner, David Fuller. PCOM and Cooper University Hospitals



[“Periprosthetic Femur Fracture through a Computer-Navigated Tracking Pin Site”](#). Tyler J Smith, Anthony Judice, Salvador Forte, Michael Boniello, Erik Freeland, Kenneth Graf. PCOM and Cooper University Hospitals



[“Radiographic Incidence and Functional Outcomes of Distal Radius Fractures Undergoing Volar Plate Fixation with Concomitant Scapho-Lunate Widening: A Prospective Analysis.”](#) William L. Wang, Asif M. Ilyas. Jefferson University Hospital



[“Surgeon Preference is Highly Influenced by Age When Deciding on Nail Implant Design in Pediatric Tibia Fractures”](#). Daniel Weltsch, Todd J Blumberg, Erik A Magnusson, Shivani Gohel, Keith Baldwin. Children’s Hospital of Philadelphia and Penn Medicine



[“Expert Consensus for a Principle-Based Classification in Treatment of Diaphyseal Pediatric Femur Fractures”](#). Daniel Weltsch, Keith D. Baldwin, Divya Talwar, John M. Flynn. Children’s Hospital of Philadelphia and Penn Medicine



[“How does POSNA Prefer to Manage Salter Harris II Fractures of the Distal Femur – A Survey of the POSNA Membership”](#). Daniel Weltsch, Brendan A Williams, Theodore J Ganley, Shivani Gohel, Keith Baldwin. Children’s Hospital of Philadelphia and Penn Medicine

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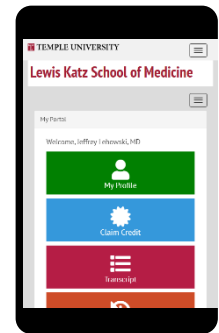
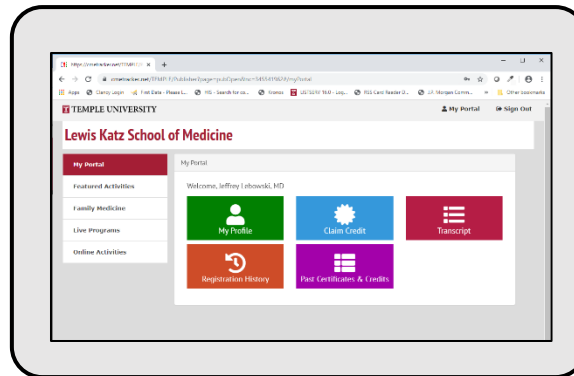
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